

# BADMINTON CLINICS

Session 1: Mon., Nov. 7
Session 2: Thurs., Nov. 10
\$5/session
Place: Gym G160
Evanston Township High School

#### **Skills Clinic 101:**

Grade: 6-9 Time: 6-7:30pm

Badminton instructional Clinics for students who are interested in learning how to play Badminton and Freshmen who are interested in joining the team in the Spring

## Skills Clinic 202:

Grade: 9-12 Time: 7:30-9pm

Attack and defense drills follow by game time. For student who have previous badminton experience.

Badminton rackets and shuttlecocks are provided.

Please reserve your spot by Saturday, November 5 at mannyseesawat@yahoo.com

If you have questions, please contact Manny: (847)800-8870 or mannyseesawat@yahoo.com

#### **EVANSTON JUNIOR BADMINTON CLUB**



# **BADMINTON**

# Winter 2016-17

Mondays and/or Thursdays

Session 1: 11/14 - 12/22

Session 2: 1/9 - 2/23

Join today, space is limited!



**SESSION 1** 

NOVEMBER 2016						
М	т	w	Th	F	S	
14	15	16	NO CLASS	18	19	
21	22	23	NO CLASS	25	26	
28	29	30				
	14 21	M T 14 15 21 22	M T W 14 15 16 21 22 23	M T W Th  14 15 16 NO CLASS  21 22 23 NO CLASS	M T W Th F  14 15 16 NO CLASS 18  21 22 23 NO CLASS 25	

DECEMBER 2016						
S	М	Т	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24

**SESSION 2** 

1
3

FEBRUARY 2017						
S	м	т	w	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	NO CLASS	21	22	23	24	25

### Beginner Class – Grade: 6-9, Time: 6-7 pm

Offers a fun and fast paced introduction to badminton basics.

Fees:	Mon. only	Thur. only	Mon. & Thur.
Session 1: 11/14 - 12/22	\$108	\$72	\$160
Session 2: 1/9 - 2/23	\$108	\$126	\$208
Both sessions:	\$192	\$176	\$322

#### Intermediate Class - Grade: 8 - 12, Time: 7-9 pm

Students will continue to develop and enhance their skills through instruction on techniques and strategies. A fun and competitive tournament will be enjoyed on the final day of each session.

Fees:	Mon. only	Thur. only	Mon. & Thur.
Session 1: 11/14 - 12/22	\$180	\$120	\$260
Session 2: 1/9 - 2/23	\$180	\$210	\$338
Both sessions:	\$312	\$286	\$460

**Coach:** Manny Seesawat

Level 1 USA Badminton Coach ASEP certified instructor Coached ETHS badminton team and club team at UIC Junior Nationals in Thailand Place: Gym G160

Evanston Township High School

#### Registration deadline: Thur., Nov. 10th.

To sign up, please mail in the registration form and payment. If you have questions, please contact Manny: (847)800-8870 or mannyseesawat@yahoo.com

#### **TESTIMONIALS**

Students from our previous sessions:

"I really enjoy playing badminton in high school and if they offered it in middle school, I would have played then too. It would help prepare students for the competitive high school season. They would learn the basics earlier so then when they came to high school they could refine their skills."

-Sonia

"I love badminton because it showed me the competitive and athletic side of me that I never knew I had. Joining the badminton team my Freshman year introduced me to so many new people and taught me skills like commitment and diligence. I think Manny classes are so helpful I have really developed as not only a player but as a person."

-Sasha

"I play badminton because it's an awesome and super fun sport. It's great because you can start playing at any time and can really improve as you practice. Since it's mostly an individual sport your work directly impacts matches. Manny's lessons helped me work on and improve my skill along with improving my chances of making the high school team this season."

-Ruth

"I personally really enjoyed it, and I now feel very well prepared for tryouts and hopefully season. I learned a lot (different shots, footwork, etc.) of things that I didn't really know about before. And also, I had fun!"

-Anna

"Badminton has been a really great experience for me. I've learned so much and met some new friends. The coaches are very nice and knowledgeable; they teach us new strategies and skills everyday. It's a really fun class with a great environment and I plan to continues taking it!"

-Ana

"I think that this class is awesome! I have learned so much over time. The coaches are both super nice. I would really love to continue badminton. It is really fun and takes strategy. Overall, this class was amazing!"

-Emilie

"Badminton is a great sport that really gets you moving. You work on foot work, technique, and how to play the game. The warm-ups and footwork are pretty hard but after that it's all fun. Go play!"

-Alex

#### **EVANSTON JUNIOR BADMINTON CLUB REGISTRATION FORM**

STUDENT'S NAME:		SCHOOL GRADE:			
PHONE: ( )		EMAIL:			
PARENT/GUARDIAN'S NAME:		PHONE: ( )			
ADDRESS:		CITY/STATE/ZIP:			
EMERGENCY CONTACT:		EMERGENCY PHONE: (	)		
SPECIAL MEDICAL INSTRUCTIONS/CONSIDER	RATIONS:				
HOW DID YOU HEAR ABOUT EVANSTON JR	. BADMINTON CLUB?				
SIGN ME UP FOR:					
BADMINTON CLINICS	BADMINTON CLASSES:	SESSION 1: 11/14 - 12/22,	SESSION 2: 1/9 - 2/23		
CHOOSE ONE:	CHOOSE ONE:				
☐ CLINIC 101: 6-7:30PM	☐ BEGINNER CLASS: 6-7PM	│ □ INTI	RMEDIATE CLASS: 7-9PM		
☐ CLINIC 202: 7:30-9PM					
CHOOSE ONE:	FEES: Mon. only Thur. or	<i>'</i>	Mon. only Thur. only Mon. & Thur.		
☐ SESSION 1: NOV. 7 \$5	Session 1: □ \$108 □ \$72				
☐ SESSION 2: NOV. 10 <b>\$5</b>	Session 2: \$108  \$12				
☐ BOTH SESSIONS: \$10	Both sessions: ☐ \$192 ☐ \$17	6 <b>□</b> \$322   <b>Both ses</b>	sions: □ \$312 □ \$286 □ \$460		
<b>Note:</b> This form must be read and in event sessions. By signing this a	agreement, the participant affirm	ns having read it.			
In consideration of my involvement at the			PADMINITON		
USA Badminton and Manny Seesawa	<i>t and staffs</i> , I acknowledge, appreciat	e, and agree that:	DADIVIINTON		
I risk bodily injury, including paralysis, dismembranticular rules of the sport, equipment, and discip does exist, as well as the risk of damage to or loss of the sport, and freely assume all such risk; both from the negligence of the releases of others;     I willingly agree to comply with the state and cu	lline may reduce this risk, this risk of injury of property. h known and unknown, even if arising	understand the terms, underst by signing it, and sign it freely	ility and Waiver Agreement, fully and and that I have given up substantial rights and voluntarily without any inducement.		
participation. If, however, I observe any unusual or participation or if I observe any concern in my read bring such to the attention of the nearest official ai	unnecessary hazard during my presence or iness for participation, I will immediately		Date:		
3a. I, for myself, and on behalf of my heirs, assigns, herby release, hold harmless and promise not to su sponsors, their officers, volunteers, staff, sponsors any and all injury and loss arising from my particip of the releasees, the condition of the premises or o gross negligence or wanton misconduct, to the full 4. I agree to be bound by the rules and regulations those of USA Badminton and I hereby stipulate that	te USA Badminton, the committee, their and/or agents, ("releasees") with respect to ation, whether caused by the negligence therwise, except that which is the result of est extent permitted by law.  s of the Badminton World Federation and t I am eligible to play in the events for	participant, do consent and agree ourselves and my/our child involv	ORITY AGE  Int(s)/ guardian(s) with legal responsibility for this not only to his/her release, but also for myself, ement as stated above, EVEN IF ARISING FROM THE othe fullest extent permitted by law.		
which I am applying and that I understand that the or warranty with respect to the condition of the pro	emises or the operation of the event.	Parent(s)'s/ Guardian(s)'s Signature(s)			
<ol> <li>I hereby grant to USA Badminton, it's licensees a television and motion picture rights including to fil narratives, personal interviews, or comment thereo other purposes together with the right to transfer or</li> </ol>	lm or videotape me during matches, on for any and all commercial, news or		Date:		

remuneration or compensation to me whatsoever.